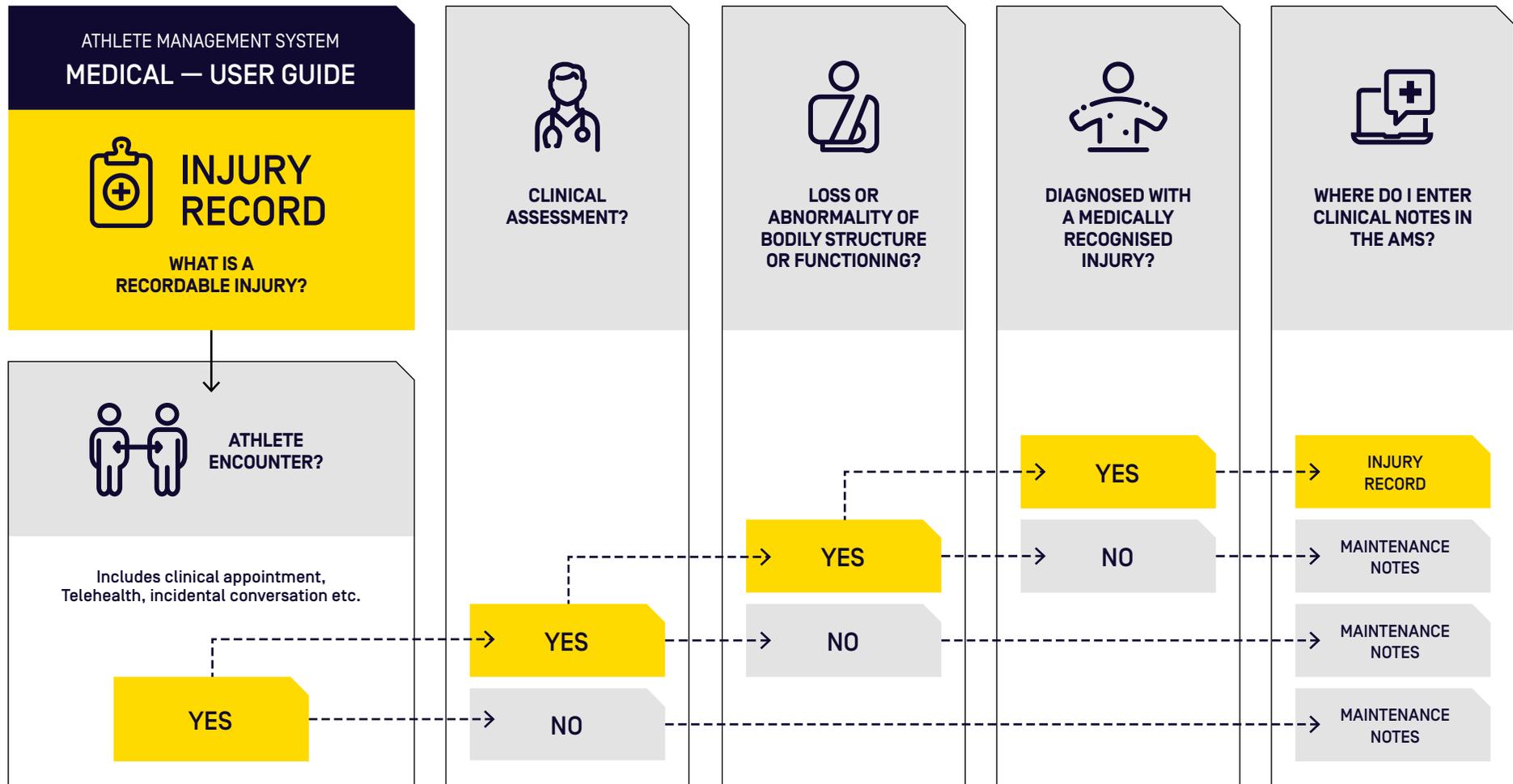


A QUICK REFERENCE FOR BUSY CLINICIANS





NEW INJURY RECORDS

Fill out all injury information requested. Items in red text are mandatory fields (injury record cannot be saved until this information has been completed).

All injuries must be completed as separate injury records except when multiple injuries occur at the same body site during the same incident.

For multiple injuries occurring at the same body site sustained during the same injury event, the most severe injury should be listed as the primary injury.



CONSULTATION NOTES

Notes regarding each athlete consultation in relation to the injury are recorded in the Treatment Notes table within the injury record form.

Injury Status relates to the impact the injury has on an athlete's ability to participate in their **primary mode of training** (the sport specific component of training).

Shared Notes share important information regarding an athlete's injury (e.g. training restrictions, prognosis, etc) with the wider performance team without sharing confidential medical information.



CLOSING AN INJURY RECORD

An injury record can be closed when the injury has recovered from a medical perspective and no longer requires active clinical intervention.

Injury Status = Full training and competition

OSICS diagnosis correct

Treatment status = closed

Date injury closed = date of final consultation



ATTACHMENTS

Attachments can be uploaded under the Medical Attachments [General] section, found in the left hand sidebar.

Select "+New Medical Attachment [General]" and follow the prompts to upload the document/s required.

Attachments can be linked to specific injury records as a part of this process.

FULL TRAINING AND COMPETITION

Unrestricted participation in the primary mode of training or competition at an equivalent level to pre-injury/illness when at full capacity, as planned by coaching staff if the athlete was uninjured/healthy.

MODIFIED TRAINING OR COMPETITION

Any reduction from pre-injury/illness full capacity, or restriction to an athlete's participation in training or competition, as planned by coaching staff, that is based on medical restriction and relates only to the **primary mode** of training.

NO TRAINING OR COMPETITION

The athlete is completely unable to participate in the **primary mode** of training or competition based on medical advice.

Further information regarding definitions and injury record use can be found in the [AMS Injury Record Data Dictionary](#)